

The Temptation of Jesus



Objectives: By the end of the fellowship, the women will have:

1. **Described** Jesus' experience in the wilderness
2. **Identified** the temptations that Jesus experienced and how He triumphed over them
3. **Reflected** on the temptations that they are experiencing and talked to god about these



Mga Gamit na Kailangan: Bible, 1 or 2 colorful native cloths as centerpiece, cross, Bible, 3 big stones, 3 sheets of bond paper with the following written on each sheet: temptation to give in when we are weak or have nothing, temptation to test God and doubt Him, temptation to abuse power/authority and to turn to idols



Pagbating Panimula (Welcome)



Pagpupuri at Pagsamba (Worship)



Pagbabasa at Pagbubulay-bulay sa Salita ng Diyos (Word)

Bible Passage: Matthew 4:1-11

1. Jesus' Experience in the wilderness

1A. Read Matthew 4:1-11 in the following manner:

- a) Alternate reading
- b) Dramatization
- c) Silent reading

1B. Describe Jesus' experience in the wilderness by responding to the following questions:

- Where did Jesus go? Who was He with?
- What and how wilderness looks like? Describe.
- What was Jesus' experience in the wilderness?

2. Jesus' Temptations

2A. Continue to discuss:

-What kinds of temptation did Jesus experience? How did Jesus overcome each temptation?

Guide Questions:

- Why do you think the devil tempted Jesus with food? What was His physical condition then?
- In our lives, what possible similar temptation to "turn stones into bread" are we experiencing?
- What are the ways by which we test God? How do we express our doubts to God?
- What worldly temptations exist? Share some temptations that you experience. What are the idols in our hearts that prevent us from worshipping God alone?

Points for emphasis

-As Jesus used the Scriptures to overcome temptation, so must we be knowledgeable about God's Word to overcome our own temptations.

-As Jesus was refreshed, strengthened, encouraged and comforted by the angels when He overcame the temptations, we will also be encouraged, strengthened and refreshed by the Holy Spirit as we overcome our own temptations. He will surely help us if we turn to Him for help when we are tempted.

3. Personal and Group Reflection

3A. Find a quiet spot and reflect on your own for 10-15 minutes using the following questions:

- What temptations do you usually experience?
 - How are you currently facing your temptations?
 - What do you need to overcome these temptations in your life?
- Talk to God about it.

3B. Form groups of 4 or 5. Share your reflections in your group. **Choose** one group member to share to the bigger group the highlights of your reflections. What was God's invitation to you during your reflection time?

3B. Each group representative will **share** their insights.



Pananahimik (Silence)

In our centerpiece are three stones with words representing three kinds of temptation: temptation to give in when we are weak or have nothing, temptation to test God and doubt Him, temptation to abuse power/authority and to turn to idols

In silence, **go** to the stone that symbolizes your strongest temptation at the moment. You may want to sit or stand or kneel around it. **Talk to God** about this strongest temptation and ask His help to overcome this temptation.



Pangkalahatang Pananalangin (Corporate Prayer)

*Prayer Dance:*To Perigiali

(Symbol of life's journey, approaching God as a community and asking His wisdom and strength to help you face and overcome temptations in your lives)